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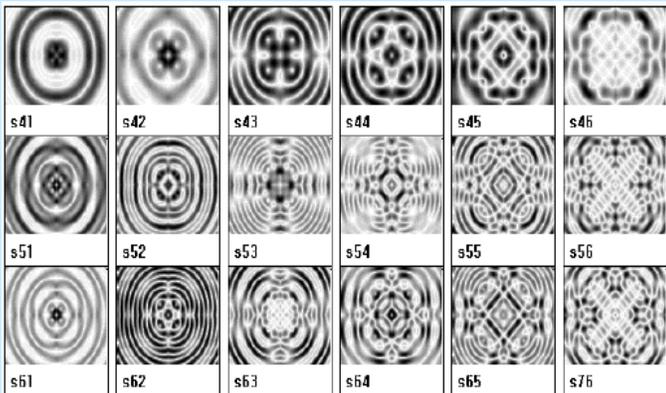
1st Quarter 2014

THERE'S MORE TO SOUND THAN MEETS THE EAR

Over 200 years ago, Ernst Chladni published his theory that sound consists of waves and has the capacity to move matter into stable patterns. Chladni discovered a way to make sound waves visible using an experiment with a metal plate, salt and a violin bow. The experiment uses sound to create specific geometric patterns in sand at certain frequencies (Chladni patterns).



Chladni Patterns in Sand Experiment



Volumes of information are available with facts on the science of sound. Cymatics is the study of visible sound waves. The real heart of sound lies in the subtle ways we are affected by such energy waves that create intricate geometric patterns.

We live in a sea of sound surrounded by constant buzzes from cell phones mixed in with natural sound like birds and wind. Sound is a form of energy that plays an integral role in the quality of our lives. Words are sound waves that travel into the universe and return to us as the pictures of our lives.

COLOR	ACTION	CHANT	CHORD
RED	I SEE	LAM	C
ORANGE	I FEEL	VAM	D
YELLOW	I DO	RAM	E
GREEN	I LOVE	YAM	F
BLUE	I SPEAK	HAM	G
INGIDO	I SEE	AUM	A
VIOLET	I UNDERSTAND*		B

- Violet chant is silent

Choose your music as wisely as your words.



CHECK OUT THE NEW CHAKRA LIGHT
info@gotchakras.com



FEATURED HOLISTIC ARTIST
BRIAN SWEENEY,
MUSICIAN & ARTIST
NAZARETH, PENNSYLVANIA



I use art to express myself through several avenues including guitar, piano, harmonica, pen and ink drawing and woodworking. I am always aware of how my energy is incorporated into the art regardless of whether I play music or create art with my hands and a blueprint or a canvas.

The energy emanates during the creative process and flows directly into the final composition/piece. Creative energy is carried to the listener or the person that enjoys the pieces. As a performer I can see how my audience feels when I play songs with a slow tempo versus songs with a fast tempo. I perform music for my listeners to provide balance and ambiance that resonates with a mood that suits all of us.

Positive energy is used in the creation of my work because an innate part of the final composition or art is transferred to the receiver, listener, viewer of art, etc. The original intent transferred into the work remains with the pieces forever and flows along to others. This intuitive process has never let me down.

For example, each memory box I create incorporates my emotion and attitude at the time I build it. This is an intentional energy transfer process as I apply a basic law of physics in our environment. We dispel our energy into our creative efforts even if we are not aware of it.

I picked up piano and guitar at an early age without any lessons. I am self-taught and play by listening to songs and composing originals. I feel the frequency of a song and translate it to my instruments. I feel like the sand in the Chladni experiment.

I play music for myself and others and I love to create through my instruments. I play original music for energetic healing. I use background chords for yoga chants. Each chant corresponds to one of the seven chakras. I use augmented variations of each chord to invoke a mood for the moment.

I enjoy sound therapy workshops where participants sit blindfolded in a circle. Individual instruments are played close to their ears. The therapy is a way to feel the vibrations and the sound energy from each instrument. Each instrument makes different impressions on our senses. Many different instruments are used like rattles, tambourines, triangles, drums, didgeridoos, flutes, guitars, keyboards, Tibetan singing bowls, gourds, etc.

Curriculum Vitae: Brian Sweeney is an Artist, Musician and Woodworker. He creates unique styles in home furnishings and memory boxes that have a rich yet rustic feel. He uses pen and ink to create landscapes. Brian's Work is available for sale through www.gotchakras.com.



BRIAN SWEENEY ORIGINAL ARTWORK
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